



connections, activities, and adventure

CONNECTING TO NATURE

How can we connect with nature and with each other during this time. Let's explore this topic.

Please send thoughts or comments through social media or email.

WE MISS YOU

Please stay in touch via email or through our social media pages and website. Please let us know what you would like us to tell you about or any fun ideas to try!!
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ACTIVITES WITH FAMILY

Each issue we will post 1 or 2 activities to try out alone, with family, or friends. Some arts -n- crafts, games, projects.

WAYS TO CELEBRATE NATURE WHILE SOCIAL DISTANCING

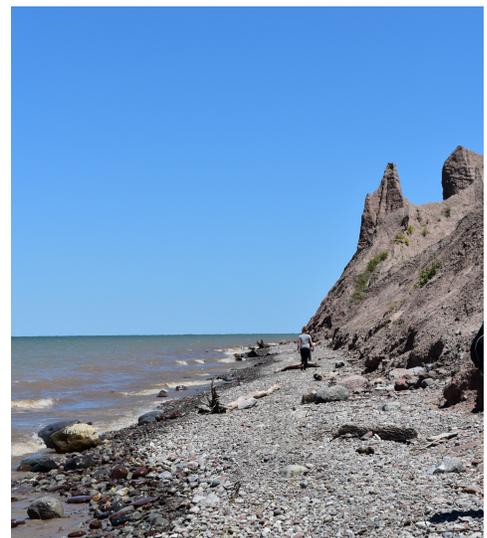
from Programming Library

Are you missing nature? Are you unsure of how to connect with the outdoors currently? You aren't alone. Here a couple of ideas from a great article from the programming library.

Backyard scavenger hunt

For people who can safely get outside, encourage kids to take a

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closer look at their own backyards. There are endless variations: they can use an online guide to seek out different leaf shapes; seek out plants of a specific color; or find as many things as you can that crawl or fly. If you have very limited space, you can use a piece of string or rope to circle an 18-inch area of the earth and explore that small spot. It's amazing what we can find when we stop to look closely at things. For teens and adults, you could suggest a John Muir-inspired observation of nature.

Birdwatch

One of the great things about birdwatching is you can do it nearly anywhere — from your yard, balcony or out your window. Identifying your local species is easy with eBird from the Cornell Lab of Ornithology and its Merlin bird app. You might invite a local birdwatching expert to record sightings from their own home and post them to social media. Another fun twist: exploring tips to make your backyard or patio more bird-friendly.

Many more ideas in the full article. Please check it out.



PAINT SOME ROCKS!!!

by Kim

A really fun idea that's an oldy but a goody is painting rocks - with a twist, leave them somewhere to show your support.

Maybe creating a **pet rock friend** for you or painting a rock to leave at your school or even at the Youth Bureau to **show how much you care**. We at Outings miss all of our participants so much.

Look for our rocks if you decide to leave some at the YB.

Materials:

- awesome rock from anywhere
- paint and painting tools, whatever they may be

Once you paint your rock please share it on our Face Book page or email a picture to me and I will share it for you.

We will start sharing ours next week!! Happy painting...

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Nature is painting for us, day after day, pictures of infinite beauty if only we have the eyes to see them.

- John Ruskin

