



To attend RSS programs, participants must fully complete RSS registration process

# January 2026

Sun Mon Tue Wed Thu Fri Sat

**RECREATION SUPPORT SERVICES**  
**607-273-8364**

**STAFF EXTENSIONS**

**2135 - COURT 2136 - BRANDON 2137 - LEE**  
**2152 - TYLER 2153 - KRISTIN 2158 - KRISTI**

**HOLIDAY**  
 IYB CLOSED  
 NO PROGRAMS  
 TODAY

4 5 6 7

8 9 10

**BINGO!**  
 IYB GYM  
 6:30 - 8:00  
 Kristin

10

\$\$ Horse Drawn  
 Sleigh Ride  
 Highland Forest  
 Time TBD  
 Kristi

11

Cornhole  
 IYB Gym  
 2:00 - 3:30  
 Kristin

12

13

OPWDD Adult Program  
 9:45 - 1:00 Tyler  
 Fan Club  
 IC W Basketball  
 4:30 - 8:30 Kristin  
 Fan Club  
 IC M Basketball  
 6:00 - 10:00 Brandon

14

Workout  
 The Gym  
 9:00 - 10:30  
 Brandon  
 All IYB  
 STAFF MEETING  
 11:00 - 12:30

15

\$\$ Ice Skating  
 CASS Park  
 10:00 - 11:30  
 Kristin  
 OPWDD  
 \$\$ Bowling  
 Cortlanes  
 Time TBA Kristi

16

Workout  
 The Gym  
 10:30 - 12:00  
 Brandon  
 \$\$ Lunch Club  
 Time TBD  
 Kristi

17

18

Cornhole  
 IYB Gym  
 2:00 - 3:30  
 Kristin

19

**HOLIDAY**  
 IYB CLOSED  
 NO PROGRAMS  
 TODAY

20

OPWDD  
 Adult Program  
 9:45 - 1:00  
 Tyler

21

Workout  
 The Gym  
 10:00 - 12:00  
 Brandon

22

\$\$ Ice Skating  
 CASS Park  
 10:00 - 11:30  
 Kristin  
 OPWDD  
 \$\$ Bowling  
 Cortlanes  
 Time TBA Kristi

23

Workout  
 The Gym  
 10:30 - 12:00  
 Brandon  
 Board Games  
 at IYB 1:30 - 3:00  
 Kristi

24

25

Cornhole  
 IYB Gym  
 2:00 - 3:30  
 Kristin

26

Chorus  
 4:30 - 6:00  
 Kristin/Paula

27

OPWDD  
 Adult Program  
 9:45 - 1:00  
 Tyler

28

Workout  
 The Gym  
 10:00 - 12:00  
 Brandon

29

\$\$ Ice Skating  
 CASS Park  
 10:00 - 11:30  
 Kristin  
 OPWDD  
 \$\$ Bowling  
 Cortlanes  
 Time TBA Kristi

30

Workout  
 The Gym  
 10:30 - 12:00  
 Brandon  
 \$\$ Movie Club  
 Time TBD  
 Kristi

31

# **2026 JANUARY ADULT PROGRAMS**

**Programs with "\$" = participants are asked to bring money for that program.**  
**Contact the RSS Staff listed at the end of each program description**  
**to answer questions you may have about that specific program.**

**BINGO at the IYB!!!** - Thursday, January 8th at the Ithaca Youth Bureau 6:30 – 8:00.  
Come join us to play BINGO with friends and win prizes! **(KRISTIN)**

**CHORUS** – Chorus at the Youth Bureau. Space is limited. To participate you must make a commitment to consistently attend weekly to prepare with the chorus for the spring concert. For more information email Paula at [paulacusano@hotmail.com](mailto:paulacusano@hotmail.com) or contact Kristin at IYB/RSS ext 2153. **(KRISTIN)**

**TUESDAY OPWDD ADULT PROGRAM** – Join Tyler and other RSS staff for a variety of activities around the community and occasional day trip. Reach out to Tyler for more information. **This program is for adults who are eligible for OPWDD services (have a TABS #) & live with their family/guardians (TYLER)**

**WORKOUT at "The Gym"** – Join Brandon at "The Gym" in Ithaca to get a workout in cardio and circuit lifting. Call to join. Space is limited. **(BRANDON)**

**ICE SKATING (\$)** – Join Kristin and Marissa to go ice skating at Cass Park Rink. Space is limited. **(KRISTIN)**

**OPWDD BOWLING CORTLAND (\$)** - Join us to knock down pins in Cortland at Cortlanes. \$8.00 fee for 2 games and shoes. **This program is for adults who are eligible for OPWDD services (have a TABS #) and live with their family/guardians. Call ahead to join. (KRISTI)**

**BREAKFAST/LUNCH/DINNER CLUB (\$)** – Join Kristi at a local restaurant for breakfast/lunch/dinner. Limited space. Please call Kristi at ext 2158 to sign up. **(KRISTI)**

**BOARD GAMES** – Join Kristi, Court and friends at the IYB to play a variety of your favorite games. Call Kristi at ext 2158 to sign up. **(KRISTI)**

**MOVIE CLUB (\$)** – Join us in watching the latest and greatest flicks at Regal Cinema!! Limited space. Call Kristi at ext 2158 to sign up. **(KRISTI)**

**FAN CLUB** - Come learn about different sports through attending various local sporting events including those at TC3, Ithaca College & Cornell. **(KRISTIN/BRANDON)**

**HIGHLAND FOREST SLEIGH RIDE (\$)** – We will take a day adventure to Highland Forest in Tully, NY to enjoy a ride through the snow-covered forest trails on a sleigh pulled by a team of horses. Limited space. Call Kristi at ext 2158 for details and to sign up. **(KRISTI)**

**RSS Staff Email:**

Court Glenn

Brandon Lynch Jacobson

Lee Berrien

Tyler Vance

Kristi Raymond

Kristin Letourneau

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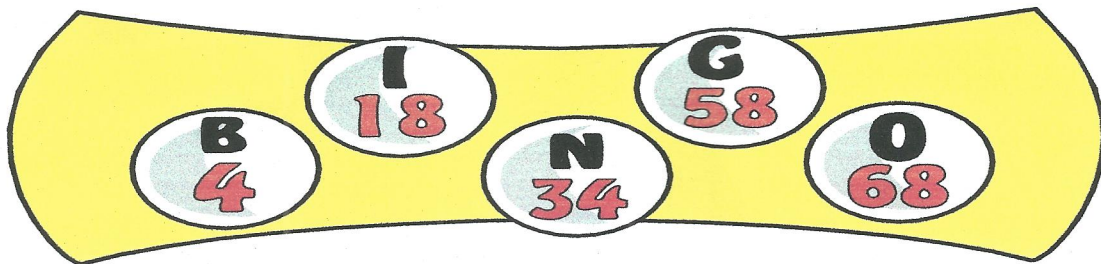
[KRaymond@cityofithaca.org](mailto:KRaymond@cityofithaca.org)

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RSS Cell # 607-592-4965

RSS Cell # 607-793-8963

RSS Cell # 607-793-8973



**Thursday, January 8th  
6:30pm - 8:00pm  
Ithaca Youth Bureau Gym**

Contact Kristin if you plan to attend or have questions at ext 2153