

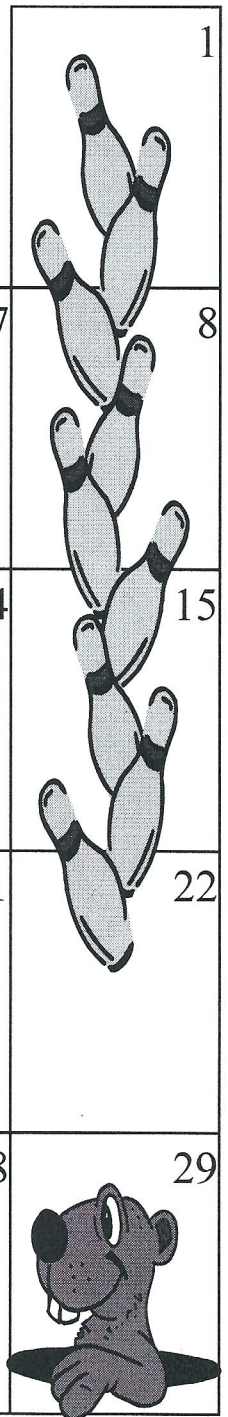
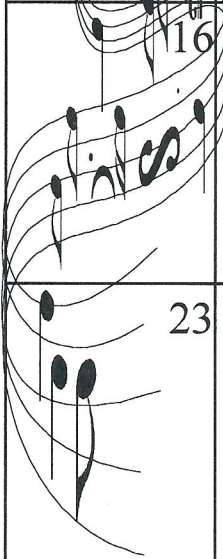
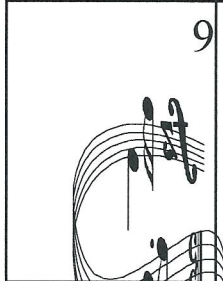
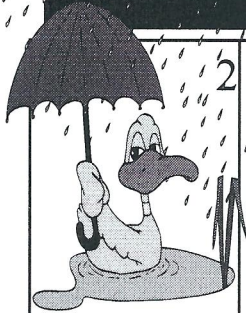


To attend RSS programs, participants must fully complete RSS registration process

MARCH 2025

Sun Mon Tue Wed Thu Fri Sat

RECREATION SUPPORT SERVICES 607-273-8364



2 Chorus 4:30 - 6:00 Kristin/Paula	3 OPWDD Adult Program 9:45 - 2:15 Tyler	4 Workout The Gym 10:00 - 12:00 Brandon \$ \$ Cooking 1:00 - 5:00 Brandon	5 OPWDD \$ \$ Bowling Cortlanes Time TBA Kristi	6 Workout The Gym 10:30 - 12:00 Brandon \$ \$ Movie Club Time TBA Kristi	7 Chorus 4:30 - 6:00 Paula	8 OPWDD Adult Program 9:45 - 2:15 Tyler
9 Chorus 4:30 - 6:00 Paula	10 OPWDD Adult Program 9:45 - 2:15 Tyler	11 Workout The Gym 9:00 - 10:30 Brandon IYB Staff Meeting 11:00 - 1:00 \$ \$ Cooking 1:00 - 5:00 Brandon	12 OPWDD \$ \$ Bowling Cortlanes Time TBA Kristi	13 Workout The Gym 10:30 - 12:00 Brandon \$ \$ Open Bowling Time TBA Kristi	14 Chorus 4:30 - 6:00 Paula	15 OPWDD Adult Program 9:45 - 2:15 Tyler
16 Chorus 4:30 - 6:00 Paula	17 OPWDD Adult Program 9:45 - 2:15 Tyler	18 Workout The Gym 10:00 - 12:00 Brandon \$ \$ Cooking 1:00 - 5:00 Brandon	19 NO BOWLING TODAY 6:00 - 7:30 IYB Kristi	20 Workout The Gym 10:30 - 12:00 Brandon \$ \$ Lunch Club Time TBA Kristi	21 Chorus 4:30 - 6:00 Kristin/Paula	22 OPWDD Adult Program 9:45 - 2:15 Tyler
23 Chorus 4:30 - 6:00 Kristin/Paula	24 OPWDD Adult Program 9:45 - 2:15 Tyler	25 Workout The Gym 10:00 - 12:00 Brandon \$ \$ Cooking 1:00 - 5:00 Brandon	26 OPWDD \$ \$ Bowling Cortlanes Time TBA Kristi	27 Workout The Gym 10:30 - 12:00 Brandon	28 Special Olympics Cornhole IYB Gym 1:00 - 3:00 Kristin	29 Chorus 4:30 - 6:00 Kristin/Paula

STAFF EXTENTIONS

2136 - Brandon 2135 - Court 2158 Kristi
2137 - Lee 2152 - Tyler 2153 - Kristin

2025 MARCH ADULT PROGRAMS

Programs with "\$" means that participants are asked to bring money for the program. The Program Leader listed can answer any questions.

BINGO at the IYB!!! - Thursday, March 20th at the Ithaca Youth Bureau from 6:00 – 7:30. Come join us to play BINGO and win prizes. (**KRISTI**)

CHORUS – Chorus at the Youth Bureau. Space is limited. A commitment to participate for the full season to prepare for the final concert is required of every chorus member. For more information **email Paula** at paulacusano@hotmail.com or **contact Kristin**.

TUESDAY OPWDD ADULT PROGRAM – Join Tyler and other RSS staff for a variety of activities around the community and occasional day trip. Reach out to Tyler for more information. This program is for adults who are eligible for OPWDD services (have a TABS #) and live with their family/guardians. (**TYLER**)

WORKOUT at "The Gym" – Join Brandon at "The Gym" in Ithaca to get a workout in cardio and circuit lifting. Call to join. Space is limited. (**BRANDON**)

COOKING (\$) – Come join Brandon, Trish and Mary for cooking class at the IYB. Spots are limited and please let us know of any dietary restrictions. (**BRANDON**)

OPWDD BOWLING CORTLAND (\$) - Join us to knock down some pins in Cortland at Cortlanes. \$8.00 fee for 2 games and shoes. This program is for adults who are eligible for OPWDD services (have a TABS #) and live with their family/guardians. Call ahead to join. (**KRISTI**)

OPEN BOWLING CORTLAND (\$) - Join us Friday, March 14th to knock down some pins in Cortland at Cortlanes. \$8.00 fee for 2 games and shoes. This bowling program is open to any RSS registered participants. Space limited. Contact Kristi to join. (**KRISTI**)

MOVIE CLUB (\$) – Join us in watching the latest and greatest flicks at Regal Cinema!! Limited space. Call Kristi at ext 2158 to sign up. (**KRISTI**)

BREAKFAST/LUNCH/DINNER CLUB (\$) – Join Kristi at a local restaurant for breakfast/lunch/dinner. Limited space. Please call Kristi at ext 2158 to sign up. (**KRISTI**)

FAN CLUB - Come learn about different sports. The group attends various local sporting events including those at TC3, Ithaca College Bombers and Cornell Big Red. Must call ahead. (**KRISTIN**)

SPECIAL OLYMPICS CORNHOLE – The local Special Olympics and RSS of the IYB are collaborating to offer a program to learn to play and practice playing Corn Hole at the IYB. Must register with New York Special Olympics ahead of time to participate. Contact Kristin for more information. (**KRISTIN**)

RSS Staff Email:

Court Glenn

Brandon Lynch Jacobson

Lee Berrien

Tyler Vance

Kristi Raymond

Kristin Letourneau

CGlenn@cityofithaca.org

BLjacobson@cityofithaca.org

LBerrien@cityofithaca.org

TVance@cityofithaca.org

KRaymond@cityofithaca.org

KLetourneau@cityofithaca.org



BINGO!

Thursday

March 20th 6:00 - 7:30

RSS BINGO NIGHT at the IYB!!!

Call Kristi

**if you plan to attend
or have any questions.....**

273-8364 ext 2158